



UCSC Student Life During the Pandemic Main Report

Introduction

The StayConnected2UCSC Survey #3 collected information about undergraduate students' experiences with student life during the pandemic in Fall quarter 2020. This was the third of a series of brief surveys throughout the 2020-2021 academic year, aiming to understand student needs and circumstances so the campus can plan services related to student health, the COVID-19 pandemic, basic needs, and additional issues as needed by units on campus.

This survey was sponsored by UCSC College Student Life and the Division of Student Affairs and Success.

Institutional Research, Assessment, and Policy Studies (IRAPS) staff worked with these units to design the survey. IRAPS administered the online survey, analyzed the results, and prepared this report.¹

An appendix to this report, with longer tables of student comments, contains accompanying detail and is available upon request.

Table of Contents

<u>Sections</u>	<u>Page</u>
Executive Summary	2
Response Rates	5
Section 1. Participation in student events and groups	6
Section 2. Living on campus	10
Section 3. Activities and use of time	14
Section 4. Concerns about health and campus preparedness	18
Section 5. Staying motivated and inspired	26
Survey Instrument	27

¹ If you have any questions about this report or the survey, please contact IRAPS surveys@ucsc.edu.



Executive Summary

Participation in student events and groups (page 6)

- The majority of students attended at least one campus-sponsored event: 70% of students who lived far away from campus and close to 80% of students who lived on campus or near campus.
- The most attended set of events in Fall 2020 was Welcome Week/Orientation: it was attended by 82% of frosh respondents.
- About 40 percent of students who lived on campus or nearby, and 33% of students who lived far away participated in student groups' meetings or events in Fall quarter.
- Memorable campus events in Fall quarter included college-sponsored events, major-specific events, Resource Center programs, Cornucopia and individual club meetings, recruitment events for Panhellenic organizations, and events featuring Angela Davis, Ta-Nehisi Coates, and UMI.
- Suggestions for online events in the future included: self-care for mental health and events for sports or physical health; club events and mixers; game nights, movie nights, concerts, and trivia nights; major-specific events; workshops on career and grad school preparation; workshops on cooking, art, environmental issues, and engineering; social justice speakers; events supporting students of specific ethnicities, LGBTQ students, and undocumented students; workshops on study tips, time management, or building motivation; and politically related meetings or speakers.

Living on campus in Fall 2020 (page 10)

- The vast majority (84%) of on-campus students during Fall 2020 were at least somewhat satisfied with dining hours; only half were at least satisfied with the proximity of dining halls, and only 43% were at least somewhat satisfied with the dining and food options.
- About half of students were *concerned* or *very concerned* about having reliable internet access, about 4 in 10 – about campus emergency preparedness, and one-third – about access to study space and about campus transportation services; 3 in 10 were concerned about walking around campus after sunset.
- Suggestions to improve the residence halls or to improve the on-campus experience overall included possibilities for safe ways to build community, improved wireless internet, more bathroom basic supplies and bathroom cleaning supplies, more quiet study spaces including reopening the library, improved dining options and choices, access to athletic facilities including fields, and more privacy.

Concerns about campus preparedness related to the pandemic (page 18)

- Students who lived on campus indicated being more knowledgeable about facts around COVID-19. About half of students living far from campus or nearby were concerned about understanding the facts around COVID-19; in contrast, only 22% of students living on-campus were concerned.
- Only one-quarter (24%) of off-campus students, and only one-third (31%) of Fall 2020 on-campus students, felt *confident* or *very confident* in the university's ability to handle more students on campus.
- Most (9 in 10) on-campus students indicated understanding campus policies around social distancing, but only two-thirds (66%) of nearby off-campus students.

Activities and use of time (page 14)

- About 3 in 10 students spent 1-5 hours and 55-60% of students between 6 and 15 hours attending live (not recorded) online classes, sections or labs.
- The majority (75%) spent 1-10 hours per week watching recorded lectures and other video materials.
- About 4 in 10 students spent some time each week participating in student clubs or organizations.
- Half of students did not work but the other half worked various hours. About one-third of students worked more than 10 hours per week.
- During a typical school day in Fall quarter, about three-quarters of students indicated having spent 8 or more hours per day on screen-based devices. Of note, more than half of students, regardless of living location, indicated spending 10 or more hours per day on screen-based devices. Over one-third of students spent 12 or more hours, 1 in 5 students spent 14 or more, and 1 in 10 students spent 16 or more hours per day.
- Half of students indicated exercising 1-5 hours per week while one in five indicated spending almost no time engaging in physical exercise.
- About 1 in 10 students spent more than 30 hours per week on digital entertainment.
- Almost all (93%) students who lived far from campus spent some time each week on family responsibilities, a greater proportion than 70% of students who lived on campus or 78% of students who lived off-campus nearby UCSC.
- About 2 in 3 students living off campus indicated getting 7 or more hours of sleep on a typical weeknight, including 66% of students living far from campus and 69% of students living nearby campus. Among students who lived on campus during Fall 2020, however, only about half (56%) indicated getting at least 7 hours of sleep on a typical weeknight. Almost 1 in 5 (18%) of students living on campus slept 5 or fewer hours of sleep.

Supporting students' well-being and basic needs (page 20)

- Loneliness was a concern for 7 in 10 on-campus students (72% *concerned* or *very concerned*), 68% of students who lived near campus, and 59% of those who lived far from campus.
- Paying for basic needs was a concern cited by half (52%) of on-campus students and about one-quarter (27-29%) of students who lived near or far away from campus.
- One in two (49%) of on-campus students, one in four (25%) of students who lived nearby, and one in 3 (32%) of students who lived far away (the majority of students) – were concerned about contributing to family financial needs.
- About 1 in every 12 students (7-9%) anticipated having trouble accessing basic health care.
- 40% of students who took the survey indicated being interested in learning more about apps designed to support mental health.

Staying motivated and inspired (page 26)

- Frequently mentioned sources of motivation to study and complete coursework on time included: getting good grades/avoiding failing, deadlines/planner/schedule/routine, interest in classes, interacting with friends, not wanting to disappoint family, having supportive professors, and goals such as future careers and graduate school.
- Frequently mentioned sources of inspiration included: family, friends, music, nature, art, exercise, the prospect of graduating, movies, church or prayer, meditation, seeing others working hard, and seeing others pull together during the pandemic.
- Frequently mentioned resources to help students feel more engaged in studies and connected to the campus included access to study spaces or the library, means of having community with other students, and ways of connecting with students in classes. Many students mentioned specific suggestions of setting up a group chat for all students in a class, and setting up designated groups for study.

Response Rates

This was a third StayConnected2UCSC survey; it opened on December 9, 2020, and closed on January 10, 2021. Only enrolled undergraduate students were invited to participate. Students received an initial emailed invitation and five reminders.

We analyzed the response rates for four groups based on students' location during Fall quarter and their intent to move to campus in Winter. The response rates were as follows: 16% of undergraduate students living on campus in Fall quarter 2020, 16% of students anticipated to live on campus in Winter quarter 2021; almost a quarter (24%) of students living nearby UCSC, and 7% of students who lived far away and did not intend to move to campus in Winter participated in the survey. Please note that the size of each group varies; the largest group is students who lived far away from campus. See Table 1.

Table 1. Response rates by student level

	Undergraduates			
	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
Invited (N)	766	738	658	14973
Responded (N)	125	115	158	1011
Response rate (%)	16%	16%	24%	7%

Students' on-campus residence in Fall 2020 and anticipated on-campus residence in Winter 2021 were based on data from Colleges, Housing and Educational Services (CHES). Off-campus location nearby UCSC was based on student responses to the previous StayConnected2UCSC surveys from earlier in Fall quarter.

Of note, higher response rates among students who lived near UCSC are due in part to the fact that all students who were listed as living off-campus nearby UCSC had already taken at least one StayConnected2UCSC survey earlier in the academic year.

Results

We present the results for the four groups based on students' place of residence during Fall quarter or students' intent to move to campus in Winter.

Section 1. Participation in student events and groups

The majority of students attended at least one event: 70% of students who lived far away attended at least one campus event. More than 3 in 4 students living on campus and students living nearby attended at least one campus-sponsored event.

The most attended set of events in Fall 2020 was Welcome Week/Orientation: 82% of first-year students attended Welcome Week.

Among students overall, over a third (33%-43%) of students attended student organization or club events, and about one-third (31-37%) attended workshops or online seminars. Among students anticipated to move on campus Winter 2021, only 10% of students did not attend any kind of online campus event in Fall 2020; about one-quarter of all other students (24-30%) did not attend any online campus event. See Table 2.

Table 2. Campus events attended during Fall 2020 (students could select more than one)

Sorted by % of on-campus Fall students	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 125	N = 115	N = 158	N = 1011
I did not attend/participate in any campus event	26%	10%	24%	30%
Student organization/club events	34%	43%	42%	33%
Workshops or webinars	34%	37%	35%	31%
College events or programs	27%	30%	20%	20%
Speakers	13%	22%	25%	16%
Student government meetings	8%	6%	5%	3%
Other, please specify:	2%	3%	4%	2%

For other activities attended, see Table 2a in the Appendix (available upon request).

Students reported the most memorable online campus event in Fall quarter. Memorable campus events in Fall quarter included college events, major-specific events, Resource Center programs such as Black Academy, AA/PIRC Welcome, Bienvenida, and Indigethanx, EOP events and STARS events, Cornucopia and individual club meetings, recruitment events for Panhellenic organizations, and events featuring Angela Davis, Ta-Nehisi Coates, and UMI. For a full list of the events that students mentioned, see Table 3 in the Appendix (available upon request).

Students also indicated the kinds of online events or activities they would like to attend in Winter and Spring quarters. More than half of students were interested in student organization or club events, including 82% of students moving onto campus in Winter quarter. About half of students were interested in general workshops, as well as college events. See Tables 4 and 4a.



Table 4. Interest in events for Winter 2021 and Spring 2021 (students could select more than one)

	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 125	N = 115	N = 158	N = 1011
College events or programs	50%	68%	41%	46%
Student organization/club events	55%	82%	53%	55%
Student government meetings	13%	18%	11%	9%
Speakers	28%	41%	42%	32%
Workshops or webinars	47%	52%	54%	48%
Other, please specify:	2%	1%	2%	2%
I do not plan to attend/participate in any campus event	14%	3%	20%	18%

Table 4a. Other activities that would like to be attended in Winter

Art event
Concerts
Fitness classes
game
Games
Honestly, I have to be almost obligated by an instructor to ad anything to my schedule.
I clicked this box so I could fill out the next one.
I saw there was yoga event last quarter but didn't apply. I need exercise lol.
Im taking a leave of absence so
Let's do something fun like a school wide Minecraft server or among us game. People want to feel connected to other people and have some sort of college experience to goof around. Government meetings or webinars aren't exactly enticing to most.
Live music
Living Writing Series
Meditation, student life, covid.
Might if I have time and something interests me
More internship related/online working positions on zoom through the departments of our interest.
More self care events
More yoga or meditation meetings
Movie nights??
my senior thesis symposium
Poetry event. If
Pre med talks led by doctors
Social interactions where I can meet new people
socials/game nights/movie nights
student activities
Study abroad workshops
tired of online events and activities
virtual concert
virtual study sessions
watch the recorded college career webinar
World Cafes.
Zoom movie or game nights.



Suggestions for online events

Students provided suggestions for online events, topics, or meetings. These included: self-care for mental health and events for sports or physical health; club events and mixers; game nights, movie nights, concerts, and trivia nights; major-specific events, career workshops, and grad school preparation workshops; workshops on cooking, art, environmental issues, and engineering; social justice speakers; events supporting students of specific ethnicities, LGBTQ students, and undocumented students; workshops on study tips, time management, or building motivation; and politically related meetings or speakers. For the full list of suggested online events, topics, or meetings, see Table 5 in the Appendix (available upon request).

Platforms that students thought would work the best for online events include Zoom, Discord, YouTube Live, Instagram Live, and Minecraft. See Tables 6 and 6a.

Table 6. Platforms that students think would work the best for online events

	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 125	N = 115	N = 158	N = 1011
Instagram Live/IGTV	19%	32%	20%	24%
YouTube Live	25%	30%	31%	27%
Zoom	76%	84%	83%	82%
Discord	42%	45%	35%	37%
Facebook	6%	3%	4%	4%
Minecraft/Other Gaming	24%	23%	14%	15%
Other webinar platform, please specify:	2%	0%	3%	2%
Don't know	10%	3%	8%	7%

Table 6a. Other platforms for online events

bluejeans (it is like zoom), canvas was fun too to see the comments
recorded
roblox
Slack
Twitch
Vimeo
Virbela
Webex.
wechat
YouTube uploads
Zoom

About 40 percent of students who lived on-campus or nearby, and 33% who lived far away, participated in student groups in Fall quarter. In addition, about 4 in 10 students indicated wanting to participate in Winter quarter. About a quarter of students did not plan to participate. See Table 7.

Table 7. Proportion of students involved in student groups or campus organizations in Fall

	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 122	N = 114	N = 157	N = 994
Yes, I have been in Fall Quarter	39%	39%	43%	33%
No, but I would like to participate in Winter Quarter	42%	54%	30%	39%
No, and I don't plan to participate in Winter Quarter	20%	7%	27%	27%

Encouraging participation in events

Students provided examples of what would encourage participation in online events. The time of day was important and varied greatly: afternoons were mentioned most frequently, but late afternoons and early evenings were also mentioned frequently. Still other students mentioned late evenings after work and study time. A number of students mentioned weeknights; other students mentioned weekends or Friday nights, or other days of the week that would work best for students.

Students frequently named as desirable having either student-run activities, or activities that provided interaction with other students. Some students mentioned offering structured opportunity to participate and socialize, or breakout rooms to interact with smaller groups of students at a time. Others preferred a unstructured environment that required less energy.

Some students mentioned that participation would depend on the importance of the activity or their interest in it. Additional specific suggestions included having prizes or monetary incentives, if course credit were an option, or if it were required. Students also suggested easier accessibility to event links. Some students mentioned being fatigued by or uninterested in online activities.

For the full list of things that would encourage students to participate in online campus events, see Table 8 in the Appendix (available upon request).



Section 2. Living on campus

About two-thirds (65%) of students living on campus in Fall quarter 2020 were at least somewhat satisfied with their overall experience of living on campus. See Table 9.

Table 9. Satisfaction with living on campus

	On-campus Fall 2020
	N = 123
Satisfied/Somewhat satisfied	65%
Satisfied	27%
Somewhat satisfied	38%
Somewhat dissatisfied	21%
Dissatisfied	14%

The vast majority (84%) of students living on campus were *satisfied* or *somewhat satisfied* with dining hours. Half (50%) were *satisfied* or *somewhat satisfied* with the proximity of dining halls. About 4 in 10 (43%) were *satisfied* or *somewhat satisfied* with the dining and food options. See Table 10.

Table 10. Satisfaction with specific aspects of living on campus

		On-campus Fall 2020
		N = 88
Dining and food options	Satisfied/Somewhat satisfied	43%
	Satisfied	19%
	Somewhat satisfied	24%
	Somewhat dissatisfied	31%
	Dissatisfied	26%
Dining hours	Satisfied/Somewhat satisfied	84%
	Satisfied	64%
	Somewhat satisfied	20%
	Somewhat dissatisfied	8%
	Dissatisfied	7%
Proximity of dining halls to your residence	Satisfied/Somewhat satisfied	50%
	Satisfied	45%
	Somewhat satisfied	5%
	Somewhat dissatisfied	17%
	Dissatisfied	33%

About half of on-campus students who answered the survey were living at Crown and Merrill, and about 4 in 10 were living at College Nine and College Ten. See Table 11.

Table 11. Location of on-campus students in Fall 2020

	On-campus Fall 2020
	N = 122
College Nine & College Ten	43%
Crown & Merrill	49%
Camper Park	2%
Family Student Housing	6%

Students living on campus, and those anticipated to move to campus in Winter 2021, indicated levels of concern about aspects of living on campus. About half of students were *concerned* or *very concerned* about reliable internet access, as were 4 in 10 about campus emergency preparedness, one-third about study space, one-third about campus transportation services, and 3 in 10 about walking on campus after sunset. See Tables 12 and 13.

Table 12. Concerns about general-related aspects of living on campus

		On-campus Fall 2020	On-campus anticipated Winter 2021
		N = 112-119	N = 67-71
Having reliable access to the Internet	Very concerned/Concerned	53%	45%
	Very concerned	35%	32%
	Concerned	18%	13%
	Somewhat concerned	27%	28%
	Not at all concerned	20%	27%
Campus preparedness for an emergency situation, not related to COVID-19, such as loss of power or threat of wildfire	Very concerned/Concerned	47%	37%
	Very concerned	21%	14%
	Concerned	26%	23%
	Somewhat concerned	24%	28%
	Not at all concerned	29%	35%
Having an adequate space on campus to study	Very concerned/Concerned	38%	30%
	Very concerned	27%	11%
	Concerned	11%	19%
	Somewhat concerned	22%	26%
	Not at all concerned	41%	44%
Having adequate campus transportation services	Very concerned/Concerned	33%	39%
	Very concerned	18%	21%
	Concerned	15%	18%
	Somewhat concerned	24%	38%
	Not at all concerned	43%	23%
Having adequate support from residential staff	Very concerned/Concerned	23%	31%
	Very concerned	10%	11%
	Concerned	12%	20%
	Somewhat concerned	30%	31%
	Not at all concerned	47%	38%
Having adequate support for incidents of hate/bias	Very concerned/Concerned	19%	18%
	Very concerned	10%	6%
	Concerned	9%	12%
	Somewhat concerned	19%	18%
	Not at all concerned	63%	64%

Table 13. Concerns about safety-related aspects of living on campus

		On-campus Fall 2020	On-campus anticipated Winter 2021
		N = 114-121	N = 65-67
Walking around campus after sunset	Very concerned/Concerned	27%	33%
	Very concerned	13%	12%
	Concerned	14%	21%
	Somewhat concerned	29%	31%
	Not at all concerned	44%	36%
Taking campus shuttles	Very concerned/Concerned	13%	24%
	Very concerned	6%	6%
	Concerned	7%	18%
	Somewhat concerned	27%	22%
	Not at all concerned	60%	54%
My residence	Very concerned/Concerned	14%	17%
	Very concerned	7%	6%
	Concerned	8%	11%
	Somewhat concerned	22%	18%
	Not at all concerned	64%	65%
Being around wildlife on campus	Very concerned/Concerned	10%	5%
	Very concerned	2%	3%
	Concerned	8%	2%
	Somewhat concerned	26%	26%
	Not at all concerned	64%	69%

Two-thirds of students living on campus, and half of students anticipated to move on campus in Winter 2021, were *concerned* or *very concerned* with how much they or their family were paying for living on campus. See Table 14.

Table 14. Concern about cost of living on-campus

	On-campus Fall 2020	On-campus anticipated Winter 2021
	N = 122	N = 82
Doesn't apply	2%	10%
Very concerned/Concerned	67%	51%
Very concerned	51%	34%
Concerned	16%	17%
Somewhat concerned	19%	24%
Not at all concerned	11%	15%

Most students who lived on campus or anticipated to move to campus felt the need to have a job to help with expenses. Over half (57%) of students living on campus, and over one-third (38%) of students anticipated to move on campus in Winter 2021, *definitely* felt a need to have a job in Winter quarter to help with expenses for themselves or for family. See Table 15.

Table 15. Proportion of students feeling the need to have a job to help with expenses

	On-campus Fall 2020	On-campus anticipated Winter 2021
	N = 121	N = 81
Yes, definitely	57%	38%
Yes, possibly	33%	37%
No	10%	25%

Students provided suggestions about residence halls or apartments to improve the experience living on campus. Suggestions included possibilities for safe ways to build community, improved wireless internet, more bathroom basic supplies and bathroom cleaning supplies, and more quiet study spaces. Students also mentioned the cost and affordability of the housing. See Table 16 in the Appendix (available upon request).

Students also provided suggestions to improve the overall experience of living on campus. Suggestions included improved dining options and choices, more study spaces including reopening the library, safe ways for gatherings for social interaction, access to athletic facilities including fields, and more privacy.

In addition, students provided comments that were specific to the pandemic, including wanting more information about what parts of campus those students who are testing positive are located, concern about the prospect of having more students in on-campus housing, and concerns about a lack of masking behavior by those who are around campus including those coming through campus for exercise. See Table 17 in the Appendix (available upon request).

Some students living on campus had lived on campus before Fall 2020; about half of students living on campus in Fall 2020, and 11% of students anticipated to move on campus for Winter 2021, had lived on campus before. See Table 18.

Table 18. Proportion of on-campus students who had lived on campus before the Fall 2020 quarter

	On-campus Fall 2020	On-campus anticipated Winter 2021
	N = 121	N = 82
Yes	55%	11%
No	45%	89%



Section 3. Activities and use of time

Students provided estimates of the amount of time involved each week in academic and work-related activities, daily screen time, and amount of sleep on an average night.

About 3 in 10 students spent 1-5 hours and 55-60% of students between 6 and 15 hours on attending live (not recorded) online classes, sections or labs. Half of students spent 1-5 hours per week watching recorded lectures or other videos (for all classes, with or without live meetings). Another quarter of students spent 6-10 hours.

Half of students did not work but the other half worked various hours. About one-third of students were working more than 10 hours per week. See Table 19.

Table 19. Academic and work-related time use in a regular week

Hours per WEEK		On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
		N = 117	N = 91	N = 153	N = 964
Attending online (live) classes, discussion sections, or labs	0	3%	1%	1%	2%
	1-5	20%	33%	29%	27%
	6-10	32%	42%	35%	38%
	11-15	24%	20%	20%	19%
	16-20	9%	4%	10%	9%
	More than 20	12%	0%	5%	6%
Watching recorded lectures or other videos (for all classes, with or without live meetings)	0	6%	5%	7%	6%
	1-5	42%	52%	53%	51%
	6-10	25%	26%	24%	23%
	11-15	12%	8%	10%	11%
	16-20	8%	2%	5%	4%
	More than 20	8%	7%	2%	5%
Studying and other academic activities outside of class	0	1%	1%	1%	2%
	1-5	16%	32%	17%	21%
	6-10	23%	26%	32%	28%
	11-15	35%	27%	17%	22%
	16-20	9%	5%	17%	13%
	More than 20	16%	7%	16%	14%
Working (including internships, online or in-person)	0	52%	50%	45%	46%
	1-5	11%	15%	9%	12%
	6-10	9%	13%	13%	10%
	11-15	8%	6%	10%	12%
	16-20	11%	6%	7%	8%
	More than 20	9%	12%	15%	11%

Half of students indicated exercising 1-5 hours per week, while one-fifth indicated spending almost no time exercising. About 1 in 10 students indicated spending more than 30 hours per week on digital entertainment. About 6 in 10 students were spending at least some time each week on creative activities that were not assigned in classes, and over half of students were also spending some time reading books not assigned in classes. See Table 20.

Table 20. Self-care, entertainment, and relaxation time use

Hours per WEEK		On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
		N = 117	N = 91	N = 153	N = 964
Participating in physical exercise, recreational sports, or physically active hobbies	0	21%	20%	15%	23%
	1-5	50%	48%	58%	51%
	6-10	20%	16%	19%	15%
	11-15	8%	7%	5%	6%
	16-20	3%	4%	1%	2%
	More than 20	0%	4%	3%	3%
Participating in creative activities (e.g., art, theater, photography) not assigned in your classes	0	36%	47%	37%	40%
	1-5	43%	43%	47%	41%
	6-10	13%	8%	11%	10%
	11-15	3%	2%	5%	4%
	16-20	3%	0%	0%	3%
	More than 20	2%	0%	1%	2%
Engaging in relaxation, meditation, or other self-care activities	0	24%	22%	18%	21%
	1-5	46%	51%	56%	52%
	6-10	17%	18%	16%	14%
	11-15	7%	6%	3%	6%
	16-20	3%	3%	3%	3%
	More than 20	3%	0%	5%	4%
Spending time on digital entertainment (internet, video games, television, etc.)	0	2%	1%	1%	2%
	1-5	17%	23%	25%	19%
	6-10	26%	30%	23%	28%
	11-15	23%	16%	18%	20%
	16-20	9%	10%	13%	13%
	More than 20	23%	20%	20%	17%
Reading books (paper or digital) not assigned in your classes	0	44%	37%	45%	39%
	1-5	36%	46%	41%	42%
	6-10	9%	11%	9%	10%
	11-15	6%	6%	3%	6%
	16-20	4%	1%	1%	2%
	More than 20	1%	0%	1%	3%

Over 9 in 10 (93%) students who lived far from campus spent some time each week on family responsibilities, a greater proportion than students who lived on campus, and students who lived nearby UCSC. About 4 in 10 spent some time each week participating in student clubs or organizations. See Table 21.

Table 21. Student organization, family, and social time use

Hours per WEEK		On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
		N = 117	N = 91	N = 153	N = 964
Participating in student clubs or organizations	0	54%	56%	51%	59%
	1-5	33%	38%	38%	30%
	6-10	6%	3%	9%	6%
	11-15	3%	1%	2%	2%
	16-20	2%	0%	0%	1%
	More than 20	2%	1%	2%	1%
Taking care of family responsibilities	0	30%	3%	22%	7%
	1-5	41%	43%	35%	41%
	6-10	8%	24%	18%	24%
	11-15	9%	15%	10%	12%
	16-20	3%	7%	7%	6%
	More than 20	10%	7%	7%	11%
Socializing online with friends and family	0	6%	9%	12%	13%
	1-5	47%	38%	42%	48%
	6-10	23%	32%	26%	20%
	11-15	9%	11%	10%	8%
	16-20	5%	3%	3%	5%
	More than 20	8%	6%	6%	5%
Socializing in-person with friends and family	0	34%	10%	22%	16%
	1-5	41%	46%	43%	46%
	6-10	11%	25%	19%	18%
	11-15	6%	7%	11%	9%
	16-20	2%	9%	1%	4%
	More than 20	6%	3%	5%	7%

Screen time

During the period of remote learning, the number of hours students spent on screen-based devices, such as a phone, computer, tablet, game consoles, or television varied. Overall, about three-quarters of students indicated having spent at least 8 hours per day on screen-based devices. One in 5 (20%) spent 14 or more hours, and 1 in 10 students spent 16 or more hours per day. See Table 22.

**Average number of hours of screen time per day,
students living far from campus in Fall 2020**

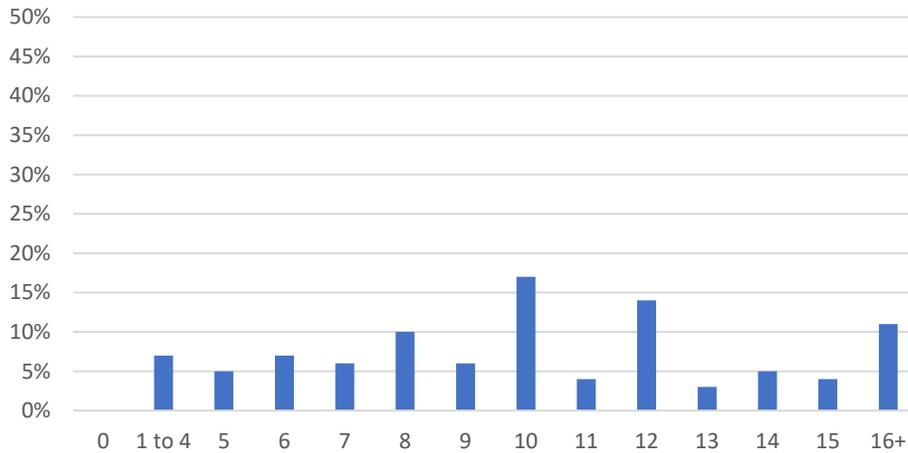


Table 22. Screen time per day

Hours per DAY	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 117	N = 90	N = 153	N = 965
0	0%	0%	0%	0%
1 to 4	3%	9%	7%	7%
5	4%	4%	7%	5%
6	6%	9%	8%	7%
7	9%	8%	9%	6%
8	14%	10%	8%	10%
9	6%	7%	10%	6%
10	11%	12%	12%	17%
11	2%	12%	3%	4%
12	15%	11%	8%	14%
13	3%	4%	2%	3%
14	12%	6%	7%	5%
15	4%	3%	7%	4%
16 hours or more	11%	4%	13%	11%

Typical amount of sleep

Students indicated how many hours they slept in a typical weeknight in Fall quarter. About 2 in 3 students living off campus indicated getting 7 or more hours of sleep on a typical weeknight, including 66% of students living far from campus and 69% of students living nearby. Among students who lived on campus during Fall 2020, however, only about half (56%) indicated having slept at least 7 hours on a typical weeknight.

Table 23. Sleep per night

Hours per NIGHT	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 118	N = 91	N = 153	N = 965
4 or less	8%	2%	3%	4%
5	10%	10%	7%	9%
6	25%	13%	22%	21%
7	28%	36%	36%	29%
8	20%	26%	25%	28%
9 or more hours per night	8%	12%	8%	9%

Section 4. Concerns about health and campus preparedness

Students were foremost concerned about their family members and friends getting sick, other students on campus (among on-campus students), and then themselves. See Table 24.

More than half (52%) of students living far from campus were concerned about understanding the facts around COVID-19, more than students living nearby campus (45%) or on-campus (22%).

Students living off campus had higher levels of concern about many aspects of the pandemic than students living on campus in Fall quarter or who were anticipated to move on campus in Winter quarter.

Table 24. Concerns related to the pandemic

Sorted by % for Fall on-campus students		On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
		N = 116	N = 90	N = 155	N = 960
Your family members getting sick	Doesn't apply	2%	0%	0%	1%
	Very concerned/Concerned	59%	55%	80%	78%
	Very concerned	41%	21%	45%	50%
	Concerned	19%	34%	35%	27%
	Somewhat concerned	22%	26%	15%	16%
	Not at all concerned	16%	19%	5%	6%
Your friends getting sick	Doesn't apply	N/A	N/A	0%	1%
	Very concerned/Concerned	N/A	N/A	64%	66%
	Very concerned	N/A	N/A	32%	35%
	Concerned	N/A	N/A	32%	31%
	Somewhat concerned	N/A	N/A	27%	25%
	Not at all concerned	N/A	N/A	8%	8%
Other students on campus getting sick	Doesn't apply	3%	1%	N/A	N/A
	Very concerned/Concerned	60%	53%	N/A	N/A
	Very concerned	31%	18%	N/A	N/A
	Concerned	29%	35%	N/A	N/A
	Somewhat concerned	19%	29%	N/A	N/A
	Not at all concerned	18%	17%	N/A	N/A
Your friends (who live off campus) getting sick	Doesn't apply	7%	4%	N/A	N/A
	Very concerned/Concerned	41%	40%	N/A	N/A
	Very concerned	25%	12%	N/A	N/A
	Concerned	16%	28%	N/A	N/A
	Somewhat concerned	29%	26%	N/A	N/A
	Not at all concerned	23%	29%	N/A	N/A
Getting sick from COVID-19	Doesn't apply	1%	1%	1%	1%
	Very concerned/Concerned	41%	37%	58%	60%
	Very concerned	22%	13%	30%	31%
	Concerned	20%	23%	28%	29%
	Somewhat concerned	36%	37%	32%	26%
	Not at all concerned	22%	26%	8%	13%
Understanding the facts around COVID-19	Doesn't apply	3%	0%	0%	2%
	Very concerned/Concerned	22%	35%	45%	52%
	Very concerned	9%	9%	21%	25%
	Concerned	12%	26%	25%	27%
	Somewhat concerned	20%	22%	27%	24%
	Not at all concerned	56%	43%	28%	22%

Note: Some options shown only to certain students depending on living location.



Supporting students' well-being and basic needs

Students frequently indicated loneliness as a concern. 7 in 10 students living on campus (72%) and living nearby (68%) indicated being *concerned* or *very concerned* about loneliness. Almost 6 in 10 (59%) students living far from campus also felt this way.

Paying for basic needs was a concern cited by over half (52%) of students living on campus and by about one-quarter of students living nearby (29%) and far away (27%).

One in two (49%) students living on campus, one in four (25%) of students who lived nearby, and one in three (32%) students who lived far away (the majority of students) -- also indicated concern about contributing to family financial needs.

About 4 in 10 students living on campus were *concerned* or *very concerned* about housing stability (44%) and food security (38%), more than among students living off campus. See Table 25.

Students also listed other concerns, including anxiety, depression, finances, and physical health. For the full list of concerns, see Table 25a in the Appendix (available upon request).

Table 25. Concerns about basic needs and overall well-being

Sorted by % for Fall on-campus students		On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
		N = 116	N = 90	N = 155	N = 960
Loneliness	Doesn't apply	1%	0%	1%	2%
	Very concerned/Concerned	72%	57%	68%	59%
	Very concerned	47%	38%	33%	32%
	Concerned	25%	19%	34%	27%
	Somewhat concerned	16%	29%	15%	24%
	Not at all concerned	10%	13%	16%	16%
Paying for your basic living needs	Doesn't apply	1%	1%	1%	3%
	Very concerned/Concerned	52%	42%	29%	27%
	Very concerned	34%	18%	12%	14%
	Concerned	18%	24%	17%	13%
	Somewhat concerned	26%	24%	29%	23%
	Not at all concerned	22%	34%	42%	47%
Contributing to family financial needs	Doesn't apply	6%	6%	4%	4%
	Very concerned/Concerned	49%	31%	25%	32%
	Very concerned	31%	16%	15%	15%
	Concerned	18%	16%	10%	16%
	Somewhat concerned	22%	27%	27%	23%
	Not at all concerned	23%	36%	45%	41%
Housing stability	Doesn't apply	2%	0%	2%	3%
	Very concerned/Concerned	44%	31%	19%	21%
	Very concerned	23%	12%	8%	10%
	Concerned	21%	19%	11%	11%
	Somewhat concerned	19%	32%	23%	20%
	Not at all concerned	35%	37%	55%	55%
Food security (having enough food to eat)	Doesn't apply	3%	0%	2%	3%
	Very concerned/Concerned	38%	29%	20%	21%
	Very concerned	23%	11%	8%	10%
	Concerned	15%	18%	12%	11%
	Somewhat concerned	21%	29%	20%	19%
	Not at all concerned	38%	42%	58%	58%
Other, please explain below:	Doesn't apply	55%	47%	56%	59%
	Very concerned/Concerned	23%	13%	21%	19%
	Very concerned	20%	5%	17%	14%
	Concerned	3%	8%	4%	5%
	Somewhat concerned	6%	5%	1%	2%
	Not at all concerned	17%	34%	22%	20%



Challenges to a normal lifestyle

We asked about campus students' main concerns such as affording food and housing, feeling isolated, finding a job, and being infected by others in dorms or by others who come to campus. For a full list of concerns, see Table 26 in the Appendix (available upon request).

Basic healthcare

We asked students about whether they anticipated having trouble getting basic healthcare. About 1 in every 12 students (7-9%) anticipated having trouble. See Table 27.

Table 27. Proportion of students anticipating having trouble getting basic healthcare

	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 116	N = 85	N = 153	N = 949
Yes	8%	7%	9%	8%
No	92%	93%	91%	92%

Among students anticipating trouble getting basic healthcare, barriers that students frequently mentioned included cost, lack of insurance, lack of nearby locations, difficulty with transportation, or concerns about accessing healthcare during the pandemic. See Table 28 in the Appendix (available upon request).

Mental health resources

Students indicated preferred ways of finding out about campus mental health resources. Email was by far the most preferred way to find out this information. Phone/text, campus websites, Instagram, and Discord were also indicated by many students. See Tables 29 and 29a.

Table 29. Preferred ways of finding out about mental health events, groups, and services offered by campus

Sorted by % for Fall on-campus students	On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC	Off-campus far away
	N = 116	N = 91	N = 153	N = 963
Email	84%	85%	84%	83%
Phone/text	41%	53%	33%	35%
Campus websites	27%	24%	33%	28%
Instagram	26%	34%	30%	28%
Discord	17%	14%	11%	14%
Twitter	3%	3%	6%	6%
Facebook	3%	4%	4%	5%
Other, please specify:	2%	0%	2%	1%

Table 29a. Other ways of finding out about mental health events, groups, and services offered by campus

Actual psychological literature or therapy if I need it
canvass announcements or teacher/ta announcements
falcon
friends referral
google calendar invite
I would do anything to get fewer emails about campus events.
letters nailed church doors.
UCSC Reddit
wechat

We also asked about interest in mental health apps. 40% of students who took the survey indicated being interested in learning more about apps designed to support mental health.

Confidence in being able to handle pandemic-related issues

Students living on campus in Fall 2020, about to live on campus in Winter quarter, or living nearby campus rated their confidence in their own ability or the university's ability to deal with various aspects of the pandemic.

Only one-quarter (24%) of off-campus students, and only one-third (31%) of Fall 2020 on-campus students, felt *confident* or *very confident* in the university's ability to handle more students on campus. In addition, only slightly more than half of students (52-58%) agreed that they knew what to do if they tested positive for COVID. However, almost 9 in 10 on-campus students indicated that they understand campus policies around social distancing, as did two-thirds (66%) of nearby off-campus students. See Table 30.

Table 30. Confidence in abilities, resources, behaviors, and policies related to COVID

Sorted by % for Fall on-campus students		On-campus Fall 2020	On-campus anticipated Winter 2021	Off-campus nearby UCSC
		N = 115-116	N = 83-86	N = 150-152
I understand the campus policies about social distancing	Strongly agree/Agree	87%	83%	66%
	Strongly agree	43%	27%	21%
	Agree	43%	57%	46%
	Somewhat agree	10%	16%	22%
	Somewhat disagree	0%	1%	7%
	Disagree	1%	0%	5%
	Strongly disagree	2%	0%	1%
I know what to do if I test positive for COVID	Strongly agree/Agree	58%	52%	53%
	Strongly agree	18%	17%	19%
	Agree	40%	35%	34%
	Somewhat agree	18%	19%	25%
	Somewhat disagree	14%	14%	7%
	Disagree	6%	12%	11%
	Strongly disagree	4%	3%	3%
If a COVID-related outbreak were to occur on campus, I feel confident that I will receive the resources I need	Strongly agree/Agree	37%	53%	38%
	Strongly agree	14%	9%	10%
	Agree	23%	44%	28%
	Somewhat agree	28%	33%	40%
	Somewhat disagree	18%	11%	14%
	Disagree	9%	0%	3%
	Strongly disagree	9%	4%	5%
I feel confident in the University's ability to handle more students living on campus	Strongly agree/Agree	31%	53%	24%
	Strongly agree	9%	13%	8%
	Agree	22%	40%	16%
	Somewhat agree	28%	33%	37%
	Somewhat disagree	17%	8%	19%
	Disagree	10%	2%	10%
	Strongly disagree	13%	4%	10%
If a COVID-related outbreak were to occur on campus, I feel confident in the University's ability to respond adequately	Strongly agree/Agree	28%	53%	37%
	Strongly agree	11%	8%	10%
	Agree	17%	45%	27%
	Somewhat agree	33%	34%	36%
	Somewhat disagree	16%	7%	15%
	Disagree	8%	5%	7%
	Strongly disagree	16%	1%	4%
I think other students living on-campus are following health and physical distancing guidelines	Strongly agree/Agree	25%	40%	30%
	Strongly agree	8%	5%	3%
	Agree	17%	35%	27%
	Somewhat agree	38%	37%	35%
	Somewhat disagree	13%	12%	17%
	Disagree	15%	6%	10%
	Strongly disagree	9%	5%	7%

Students also offered suggestions about how the university could more effectively share information around COVID concerns. Suggestions about the types of content needed included information about testing and about vaccines, more information about sanitation practices, and more details about the relative risks of different activities. Suggestions about methods to reach students most frequently mentioned emails. In addition, other students mentioned channeling information through Resident Assistants, text messages, Zoom, Instagram, or Discord. See Table 31 in the Appendix (available upon request).

On-campus resources for nearby off-campus students

Students living nearby campus indicated their interest in several on-campus resources they would like to use if available. Almost 3 in 4 (72%) were interested in study space, and over half (57%) were interested in internet access. See Tables 32 and 32a.

Table 32. Interest in campus resources by students who live off campus but nearby (N = 152)

Study space	72%
Internet access	57%
Other, please specify:	13%

Table 32a. Other campus resources needed by students who live off campus but nearby

Cafes
Cafeteria, outdoors park
Free food and money.
FREE PARKING FOR STUDENT EMPLOYEES
gym, outdoor facilities, take-out meals from all food/restaurants on campus
I am unlikely to go to campus for anything beyond health services.
I wish to see more things we used to have. Social isolation is making us sicker than COVID ever could have.
I would love to use the gym because I've been locked inside the house for 8 months and I'm paying for school activity fees.
Just the testing facilities!
Labs!!!
library
Library
more on line classes for fun - painting like pinot's palette or music lessons how to learn to play guitar or piano,
open bathrooms
printers
The library and computer rooms (editing films)
tutoring
Volleyball

Students living nearby campus also offered suggestions about how various on-campus resources could better assist students who are living in the immediate Santa Cruz area. The most frequent suggestion was more access to study spaces. Suggestions also included bringing back the library and having more working outdoor electrical outlets. Many other suggestions included access to athletic facilities, expanded access to COVID testing and masks, access to food resources, and a relaxing of parking limitations. See Table 33.



Section 5. Staying motivated and inspired

Students mentioned many examples of what maintained the motivation to study and complete coursework, what students found inspiring and grounding, and what resources would help students feel more connected to campus.

Sources of motivation to study and complete coursework on time (starting with more frequently mentioned sources) included: getting good grades/avoiding failing, deadlines/planner/schedule/routine, interest in classes, interacting with friends, not wanting to disappoint family, having supportive professors, goals such as future careers and graduate school, fun nonacademic activities, rewards including regular breaks or reading or exercise, the goal of graduating, or the fact of personally paying for tuition or having a scholarship. Many students mentioned that nothing was motivating.

For a full list of students' sources of motivation, see Table 34 in the Appendix (available upon request).

Sources of inspiration and grounding (starting with more frequently mentioned sources) included: family, friends, music, nature and the ocean, art, exercise, the prospect of graduating, movies, church or prayer, meditation, seeing others working hard, seeing others pull together during the pandemic, hoping that things are or will be getting better, being grateful for having it easier than others, food, pets, games, specific political figures or changes, the example of healthcare and other essential workers, inspiring professors, and fellow students. Many students mentioned that not having any major sources of inspiration at the moment.

For a full list of students' sources of inspiration, see Table 35 in the Appendix (available upon request).

Resources to help students feel more engaged in studies and connected to the campus (starting with more frequently requested resources) included: access to study spaces or the library, means of having community with other students, and ways of connecting with students in classes. For connecting with class peers, many students mentioned the specific suggestions of setting up a group chat for all students in a class, and setting up designated groups for study. Many students mentioned wanting more actual interaction with peers during online meetings.

Additional suggestions included more online events, apps to connect students, peer-led support groups, social events, more access to tutoring and advising, and having the university send students items such as library books or UCSC-related gifts to make them feel welcome and break the monotony of online learning. Some students mentioned items that were already useful, including the platform Discord, as well as services from ACE, MSI, CAPS, and other resources on campus.

For a full list of students' suggestions, see Table 36 in the Appendix (available upon request).



StayConnected2UCSC Survey #3 Survey Instrument

Welcome to the third StayConnected2UCSC survey!

This survey is sponsored by UCSC's College Student Life and Student Health Services, the units in the Division of Student Affairs and Success. The survey is administered by UCSC's Institutional Research office that takes all measures to protect your confidentiality. If you have any questions, please write to surveys@ucsc.edu.

Please take the survey on a computer or tablet.

Let's get started! Click 'Next' to begin.

(End of Page 1)

This survey covers the following topics:

Shown to students living on campus or about to move onto campus

1. Student events and groups
2. Living on campus
3. Activities and use of time
4. Concerns about health and campus preparedness
5. Staying motivated and inspired

Shown to students living nearby campus or far from campus

1. Student events and groups
2. Activities and use of time
3. Concerns about health and campus preparedness
4. Staying motivated and inspired



Your Participation in Student Events and Groups

1. What kind of online campus events did you attend in the Fall Quarter? Select all that apply.

- Welcome Week/Orientation events
- College events or programs
- Student organization/club events
- Student government meetings
- Speakers
- Workshops or webinars
- Other, please specify: _____
- I did not attend/participate in any campus event

Question shown if Q1 does NOT have selected "I did not attend/participate"

2. What was the most memorable online campus event you attended in Fall quarter? What made it so memorable? For example, an event where you learned new, important information, gained a better perspective, and/or connected with other students with similar interests. _____

3. What kind of online events/activities would you like to attend in Winter and/or Spring quarters? Select all that apply.

- College events or programs
- Student organization/club events
- Student government meetings
- Speakers
- Workshops or webinars
- Other, please specify: _____
- I do not plan to attend/participate in any campus event

Question shown if Q3 does NOT have selected "I do not plan to attend/participate"

4. Please suggest 1-2 online events, topics, or meetings that you would be most interested in attending or participating in Winter quarter. _____

5. What platforms do you think work best for these kinds of online events? Select all that apply.

- Instagram Live/IGTV
- YouTube Live
- Zoom
- Discord
- Facebook
- Minecraft/Other Gaming
- Other webinar platform, please specify: _____
- Don't know

6. Have you been actively involved in student groups and/or organizations affiliated with the campus in Fall Quarter?

- Yes, I have been in Fall Quarter
- No, but I would like to participate in Winter Quarter
- No, and I don't plan to participate in Winter Quarter

7. What would encourage you to participate in an online campus event? For example, a specific time of day, if it is student-run, or if it is interactive. _____

(End of Page 2)

On-Campus Residents' Experience

1. How would you rate your overall experience living on campus in Fall Quarter?

- Dissatisfied
- Somewhat dissatisfied
- Somewhat satisfied
- Satisfied

2. How satisfied are you with:

	Dissatisfied	Somewhat dissatisfied	Somewhat satisfied	Satisfied	Can't rate
Dining and food options	<input type="radio"/>				
Dining hours	<input type="radio"/>				
Proximity of dining halls to your residence	<input type="radio"/>				

3. At which location do you live?

- College Nine & College Ten
- Crown & Merrill
- Camper Park
- Family Student Housing

Question shown if student lives at "College Nine & College Ten" or "Crown & Merrill"

4. Which of the following describes your on-campus residence in Fall 2020?

- Residence hall
- Apartment

Question shown if Q4 = Apartment or if Q3 = Family Student Housing

5. How many people live in your on-campus apartment, including you?

- 1
- 2
- 3
- 4
- 5 or more

(End of Page 3)

6. How concerned are you with the following aspects of living on campus in Winter quarter?

	Not at all concerned	Somewhat concerned	Concerned	Very concerned	Doesn't apply
Having an adequate space on campus to study	<input type="radio"/>				
Having reliable access to the Internet	<input type="radio"/>				
Having adequate support from residential staff	<input type="radio"/>				
Having adequate support for incidents of hate/bias	<input type="radio"/>				
Campus preparedness for an emergency situation, not related to COVID-19, such as loss of power or threat of wildfire	<input type="radio"/>				
Having adequate campus transportation services	<input type="radio"/>				

7. How concerned are you with security and safety (not related to COVID-19) in the following campus locations?

	Not at all concerned	Somewhat concerned	Concerned	Very concerned	Doesn't apply
My residence	<input type="radio"/>				
Walking around campus after sunset	<input type="radio"/>				
Taking campus shuttles	<input type="radio"/>				
Being around wildlife on campus	<input type="radio"/>				

8. How concerned are you with how much you or your family are paying for your on-campus residence?

- Not at all concerned
- Somewhat concerned
- Concerned
- Very concerned
- Doesn't apply

9. Do you feel you need to have a job in Winter quarter to help with your expenses or your family?

- Yes, definitely
- Yes, possibly
- No

10. Is there anything that should be done in the residence halls or apartments to improve your experience? _____

11. Is there anything that should be done to improve your overall experience living on campus? _____

12. Have you ever lived on the UCSC campus before the Fall 2020 quarter?

- Yes
- No

(End of Page 4)

Student Activities and Use of Time

The next questions are about how students spend time during remote instruction.

1. In a typical week (7 days) during Fall quarter, how many hours did you spend on the following activities?

Hours per week

	0	1-5	6-10	11-15	16-20	21-25	26-30	More than 30
Attending online (live) classes, discussion sections, or labs	<input type="radio"/>							
Watching recorded lectures or other videos (for all classes, with or without live meetings)	<input type="radio"/>							
Studying and other academic activities outside of class	<input type="radio"/>							
Working (including internships, online or in-person)	<input type="radio"/>							
Participating in physical exercise, recreational sports, or physically active hobbies	<input type="radio"/>							
Participating in creative activities (e.g., art, theater, photography) not assigned in your classes	<input type="radio"/>							
Engaging in relaxation, meditation, or other self-care activities	<input type="radio"/>							
Spending time on digital entertainment (internet, video games, television, etc.)	<input type="radio"/>							
Reading books (paper or digital) not assigned in your classes	<input type="radio"/>							
Participating in student clubs or organizations	<input type="radio"/>							
Taking care of family responsibilities	<input type="radio"/>							
Socializing online with friends and family	<input type="radio"/>							
Socializing in-person with friends and family	<input type="radio"/>							

2. In a typical school day (24 hours) in Fall quarter, how many hours did you spend on screen-based devices (phone, computer, tablet, game consoles, television, etc.)?

Hours per DAY

- 0
- 1 to 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18 or more hours per day

3. In a typical weeknight in Fall quarter, how many hours did you sleep?

- 4 or less
- 5
- 6
- 7
- 8
- 9 or more hours per night

(End of Page 5)

Health and Well-Being

The item "Your friends getting sick" is shown to students living nearby or living far away

The items "Your friends (who live off campus) getting sick" and "Other students on campus getting sick" are shown to students living on campus or about to move to campus

1. Thinking about Winter quarter, how concerned are you about each of the following?

	Not at all concerned	Somewhat concerned	Concerned	Very concerned	Doesn't apply
Getting sick from COVID-19	<input type="radio"/>				
Your family members getting sick	<input type="radio"/>				
Your friends getting sick	<input type="radio"/>				
Your friends (who live off campus) getting sick	<input type="radio"/>				
Other students on campus getting sick	<input type="radio"/>				
Understanding the facts around COVID-19	<input type="radio"/>				
Food security (having enough food to eat)	<input type="radio"/>				
Housing stability	<input type="radio"/>				
Paying for your basic living needs	<input type="radio"/>				
Contributing to family financial needs	<input type="radio"/>				
Loneliness	<input type="radio"/>				
Other, please explain below:	<input type="radio"/>				

1-**other.** If you selected "Other" in the above question, please explain:

Question is shown to students living on campus or about to move onto campus

2. What is your main concern, if any, about living on campus and dealing with challenges to a 'normal' lifestyle (socializing, safety, etc.)?

3. In Winter quarter, do you anticipate having any trouble getting basic healthcare? (Basic care includes COVID testing/care.)

- Yes
- No

Question is shown if anticipating trouble getting basic healthcare

3a. What is your biggest challenge in getting healthcare?

Question is shown if anticipating trouble getting basic healthcare

3b. May we contact you with more information about how Student Health Services can help?

- Yes, I would like to receive this information by email
- No

Question is shown if Q3b = "Yes, I would like to receive this information by email"

3c. Please confirm that you agree that UCSC Student Health Services may contact you with information about getting healthcare, using your UCSC email.

- I confirm
- I decline

4. What are your preferred ways for you to find out about mental health events, groups, and services offered by campus? Select all that apply.

- Phone/text
- Campus websites
- Email
- Instagram
- Discord
- Twitter
- Facebook
- Other, please specify: _____

5. Would you be interested in learning more about apps designed to support mental health?

- Yes
- No

Question is Shown if interested in hearing more about apps for mental health

5a. May we contact you with more information about how Student Health Services can help?

- Yes, I would like to receive this information by email
- No

Question is shown if Q5a = "Yes, I would like to receive this information by email"

5b. Please confirm that you agree that UCSC Student Health Services may contact you with information about apps to improve mental health, using your UCSC email.

- I confirm
- I decline

(End of Page 6)

Question is shown to students living on campus, about to move on campus, or living nearby

6. Please select your level of agreement or disagreement with the following statements.

	Strongly disagree	Disagree	Somewhat disagree	Somewhat agree	Agree	Strongly agree
I feel confident in the University's ability to handle more students living on campus	<input type="radio"/>					
If a COVID-related outbreak were to occur on campus, I feel confident in the University's ability to respond adequately	<input type="radio"/>					
If a COVID-related outbreak were to occur on campus, I feel confident that I will receive the resources I need	<input type="radio"/>					
I know what to do if I test positive for COVID	<input type="radio"/>					
I think other students living on-campus are following health and physical distancing guidelines	<input type="radio"/>					
I understand the campus policies about social distancing	<input type="radio"/>					

Question is shown to students living on campus, about to move on campus, or living nearby

7. Please share your thoughts about how the University can more effectively share information with you around COVID concerns: _____

Question is shown to students living nearby campus

8. What types of on-campus services would you like to use if available in Winter quarter? Select all that apply.

- Study space
- Internet access
- Other, please specify: _____

Question is shown to students living nearby campus

9. How could various on-campus services better assist students who are living in the immediate Santa Cruz area? Please explain.

(End of Page 7)

Staying Motivated and Inspired

We are very interested in learning about what helps students in current times. Please share your thoughts and suggestions below.

1. What helps you stay motivated to study and complete your coursework on time? Please briefly explain.

2. What do you find inspiring and grounding, during times like these?

3. What resources could help you feel more engaged in your studies and connected to the campus?

To finish the survey, please click "Submit Survey!" below.

(End of Page 8)
(End of StayConnected2UCSC Survey #3)

